

CONSULTANT NAME: _____

CONSULTEE NAME: _____

Certification ____

Re-certification ____

THEORY	TECHNIQUE
<input type="checkbox"/> "Where you look affects how you feel" <input type="checkbox"/> Uncertainty Principle/No assumption model <input type="checkbox"/> Dual Attunement Frame: <input type="checkbox"/> --Relational <input type="checkbox"/> --Neurobiological <input type="checkbox"/> Tail of the comet <input type="checkbox"/> Staying in the tail of the comet <input type="checkbox"/> Limbic counter-transference <input type="checkbox"/> BSP as a Resource Model <input type="checkbox"/> 2 Models of Brainspotting <input type="checkbox"/> --Activation Model <input type="checkbox"/> --Resource Model <input type="checkbox"/> Dysregulation to regulation <input type="checkbox"/> Allcortex & Isocortex <input type="checkbox"/> W.A.I.T <input type="checkbox"/> Z-axis, attachment <input type="checkbox"/> Case conceptualizations in a BSP Frame <input type="checkbox"/> Highly recommended own BSP sessions	<input type="checkbox"/> 3 Core Ways of Finding Brainspots ("3 legs" of BSP) <input type="checkbox"/> Outside Window Set –Up <input type="checkbox"/> Inside Window Set –Up <input type="checkbox"/> Gazespotting Set-Up <input type="checkbox"/> Body Resource Set-up <input type="checkbox"/> One-eye Brainspotting & Set-up (Goggles) <input type="checkbox"/> Z-axis set up & using "Vergence" <input type="checkbox"/> Outside-Inside Window set-up <input type="checkbox"/> Rolling Brainspotting <input type="checkbox"/> Advanced Resource Model - Resource Frame of Combined One Eye and Z Axis BSP set-up ("Resource within a resource within a resource") <input type="checkbox"/> "Shades up / down" <input type="checkbox"/> Use of Bilateral Sound

SUMMARY OF CONSULTEE'S READINESS FOR CERTIFICATION:

Consultant Signature: _____

Date: _____

GUIDELINES FOR BSP CERTIFICATION WITH CONSULTANT

- 1 – Basic connection, overview of the consultation and how to use the pointer
- 2 – Focus on Dual Attunement, W.A.I.T and not knowing; review the terms, exploring how we use in session and giving case examples.
- 3 – Work on going from dysregulation to regulation and how to use psychoeducation of the brain.
- 4 – Review and go over cases, review set-ups
- 5 – Focus on Uncertainty and Staying in the tail of the comet, have consultee practice on consultant 6 - Review cases and readiness to be certified knowing this is an ongoing process.